

Home Activity

February – Valentine’s Day

Messages that Stick!



As you plan for Valentine’s Day this year – take a minute to step back from all the hype and craziness. Who doesn’t love candy hearts and charms pops? No one can resist a box of chocolates – but let’s think about why we do this in the first place.

To teach our children about how a valentine or a card of any kind can affirm, uplift, bring joy and happiness is a great lesson. It doesn’t matter if it is handmade or computer generated – made with store-bought stickers and craft supplies or a little box of ready-mades – the message from the heart matters. Below are some messages your child can write that are faith filled and positive. Help them choose the right ones for their friends, family and classmates.

Valentine – you stand up for what is right and good – way to go!

Valentine – your light shines and makes everyone smile!

Valentine – you are light a light shining in the darkness. You are incandescent!

Valentine – you are faithful and true – just like a friend should be.

Valentine – you are kind and true. A faithful friend

Valentine – the world is a better place because you are here.

Valentine – you make a difference every day.

Valentine – you have gifts that make a difference!

Valentine – you are special – created in God’s image.

Valentine – you are the only you there will ever be. You are amazing!

Add your own ideas.

Take some time to have conversations as a family:

- Share stories of how you met your spouse and about favorite Valentine's Day celebrations.
- Be ready to have a chat about the romance behind all the valentine episodes on their favorite television shows. Watch them together and talk about how those are like or not like the love of God and the feast day of the courageous St. Valentine.
- Share a story of grandparents or great grandparents whose love has stood the test of time. Talk about the qualities that make that possible and probable!