

# Tips for Choosing a Confirmation Name



As a candidate for the celebration of Confirmation, you have two options for choosing a Confirmation name.

- You may choose your baptismal name, your first name. This choice shows the connection between Baptism and Confirmation. To choose to use your baptismal name demonstrates that you feel there has been a continual growth in your faith and now wish to continue this growth through Confirmation.
- You may also choose the name of a saint who inspires you. Learn as much as you can about the person or saint before you make your decision. Below are some resources that can help you. To choose a new name symbolizes a new beginning in your faith life and a connection with a special person or saint who will be a model for you to follow.

## Some Resources About Saints

<http://www.catholic.org/saints/>

<http://www.americancatholic.org/Features/Saints/byname.aspx>

<http://saints.sqpn.com/>

Catholic Saints Prayer Book: Moments of Inspiration from Your Favorite Saints by Donna Marie Cooper Boyle, 2008.

The Illustrated World Encyclopedia of Saints: A Visual Guide to the Lives and Works of Over 500 Saints by Tessa Paul, 2009.

Lives of Saints by Alban Butler, 2009.

Saints: Who They Are and How They Help You by Elizabeth Hallam, 1994.